Alterations in Body Composition and Injury Patterns with Aging

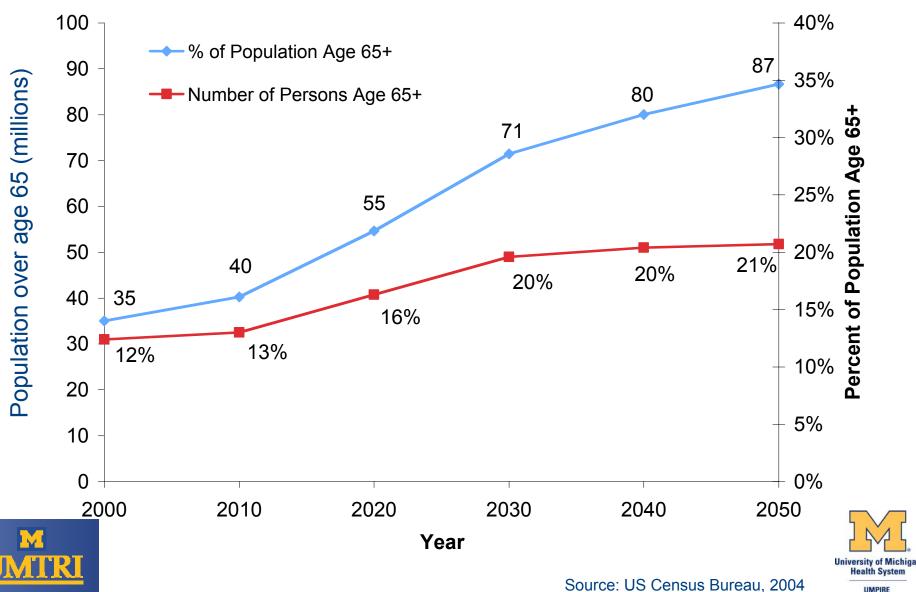
Stewart Wang, M.D., Ph.D. University of Michigan Trauma Burn Center

Jonathan D. Rupp, Ph.D. University of Michigan Transportation Research Institute (UMTRI)





Motivation



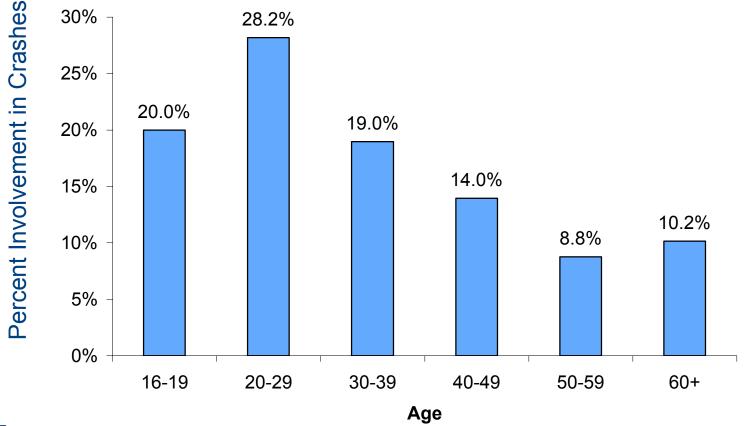
Dataset Characteristics

- NASS 1998-2004
- All crash types
 - split into Frontal, Side, Rear, and Rollover based on CDC code of most severe event
 - side impacts further split into near side and far side based on occupant location relative to struck side
- Ages 16+
- All seat locations, unless otherwise specified
- MY ≥ 1985





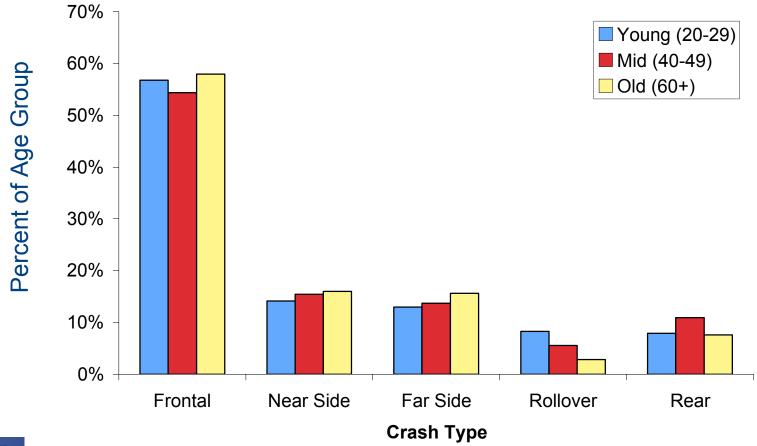
Distribution of Ages of Occupants Involved in Crashes (All Crash Types)







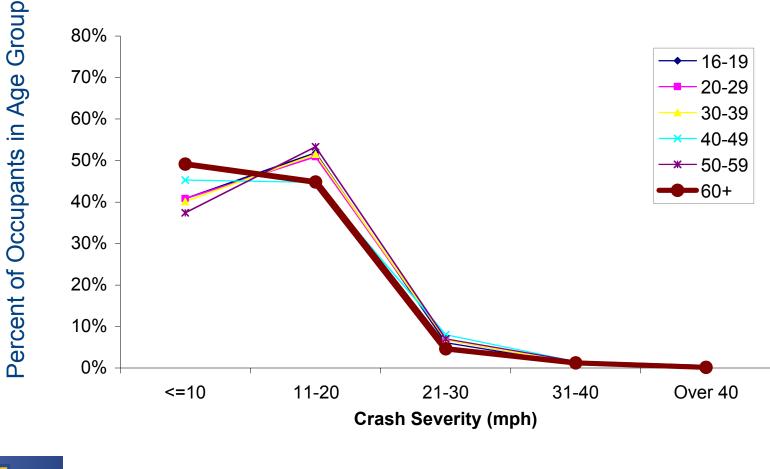
Distribution of Crash Types for Young, Middle Aged, and Elderly Age Groups (All Seating Positions)







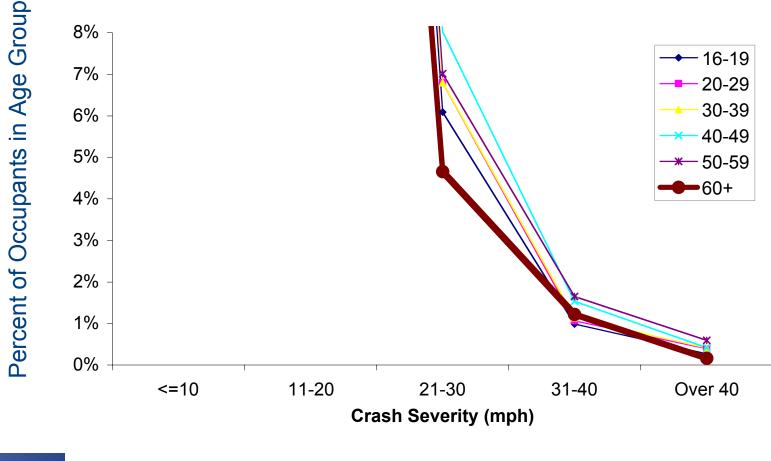
Crash Severity Distribution by Age Group (Frontal Crashes)







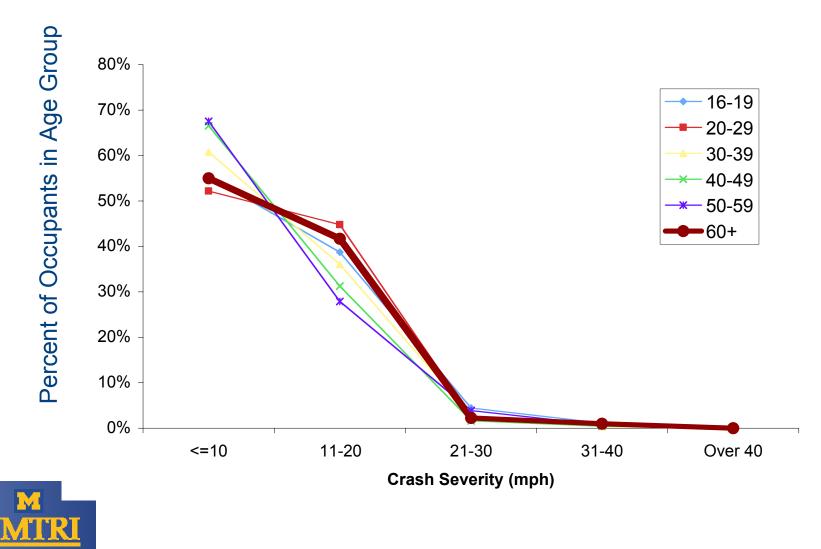
Crash Severity Distribution by Age Group (Frontal Crashes)





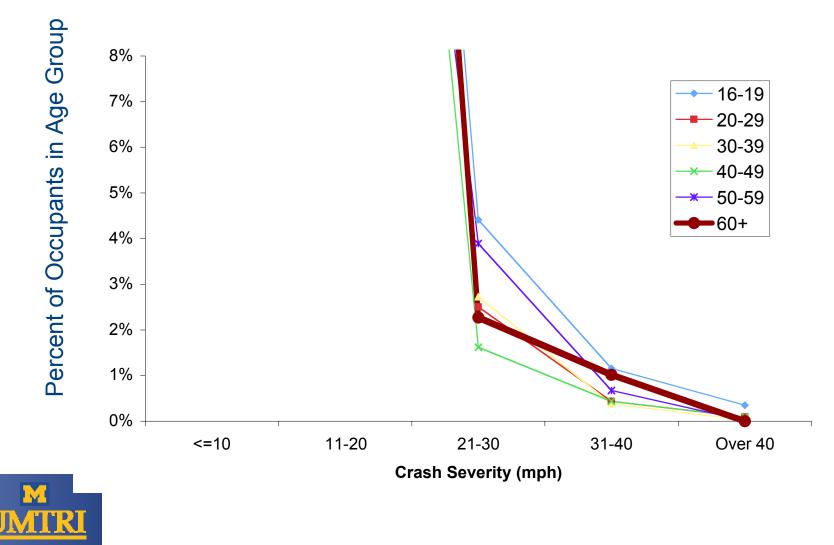


Crash Severity Distribution by Age Group (Near-Side Crashes)



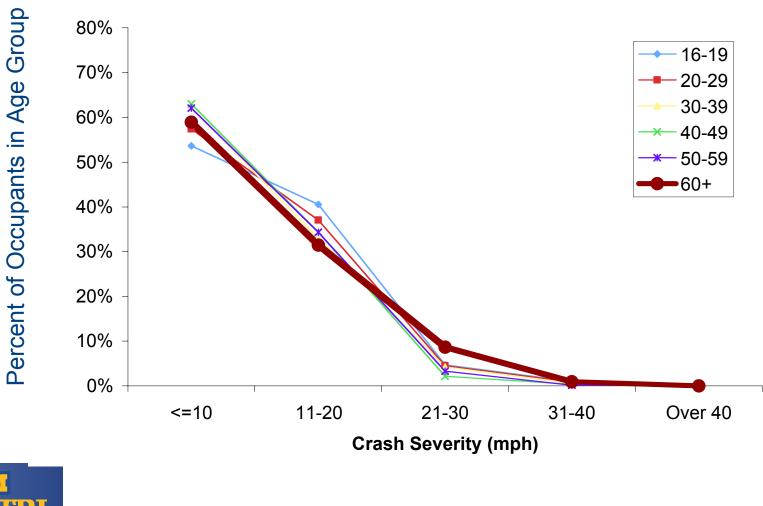


Crash Severity Distribution by Age Group (Near-Side Crashes)





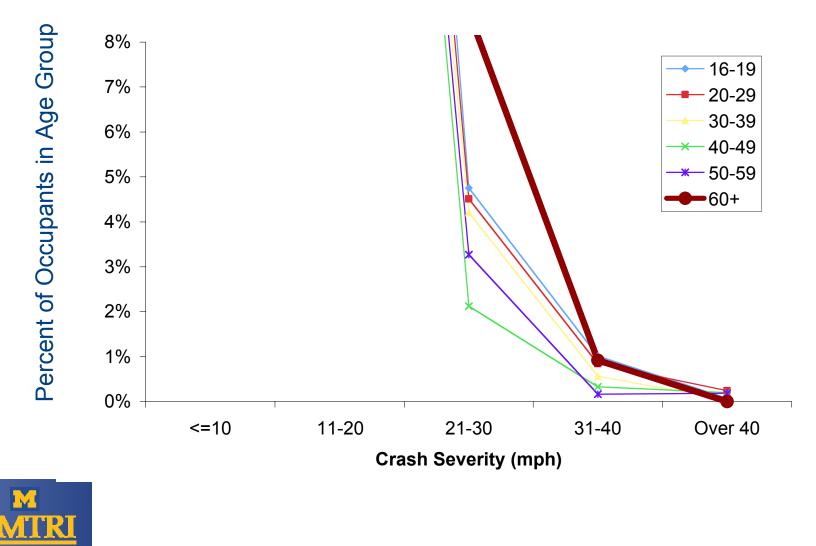
Crash Severity Distribution by Age Group (Far-Side Crashes)





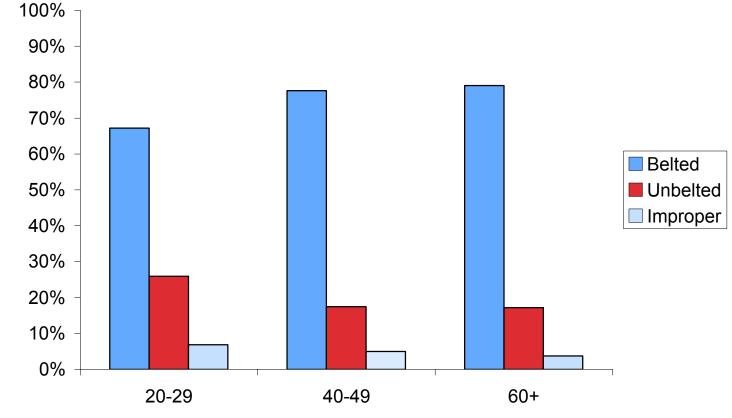


Crash Severity Distribution by Age Group (Far-Side Crashes)





Belt-Use Rates for Young, Middle Aged, and Elderly Age Groups (All Crash Types)



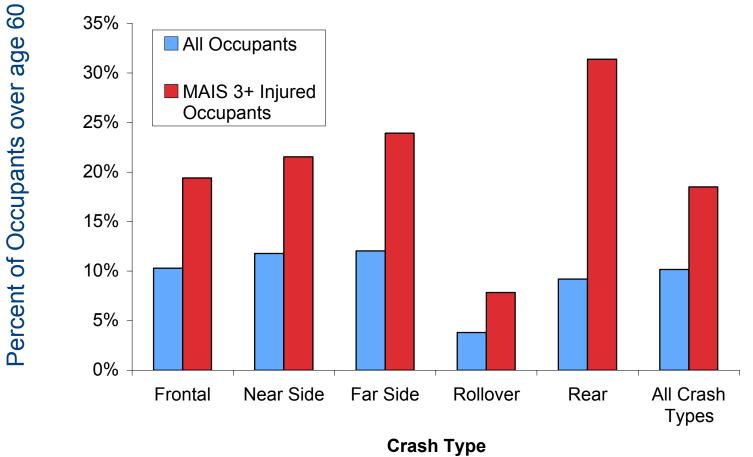
Age (yrs)



Percent of Occupants



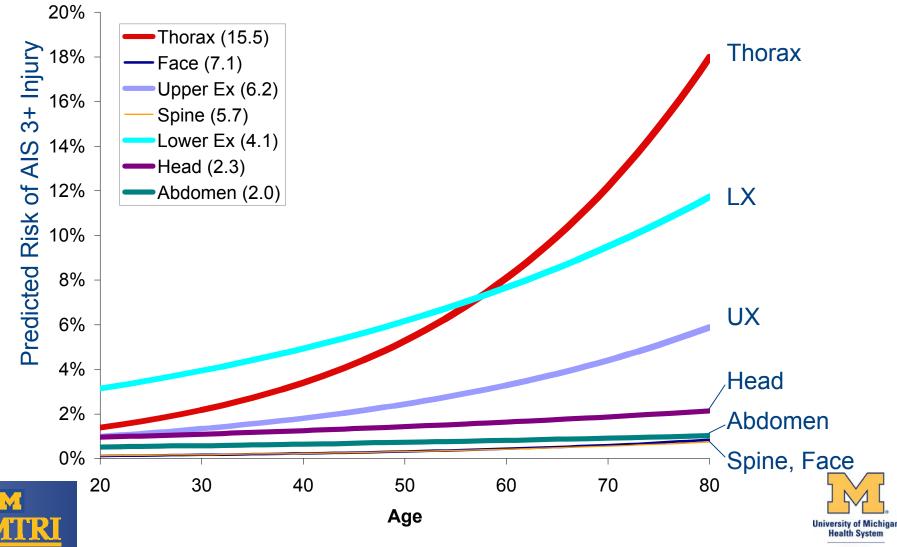
Elderly Occupants as Proportion of All Occupants and Proportion of MAIS 3+ Injured Occupants



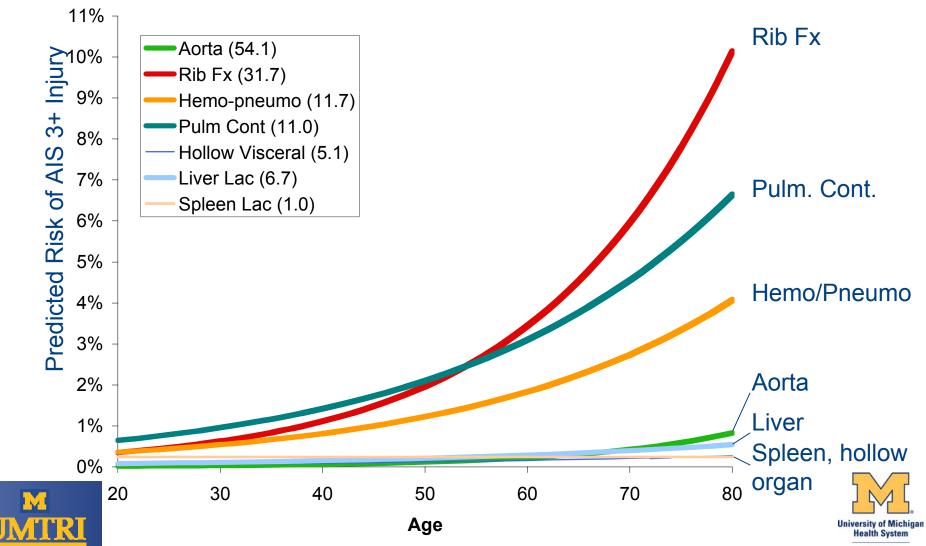




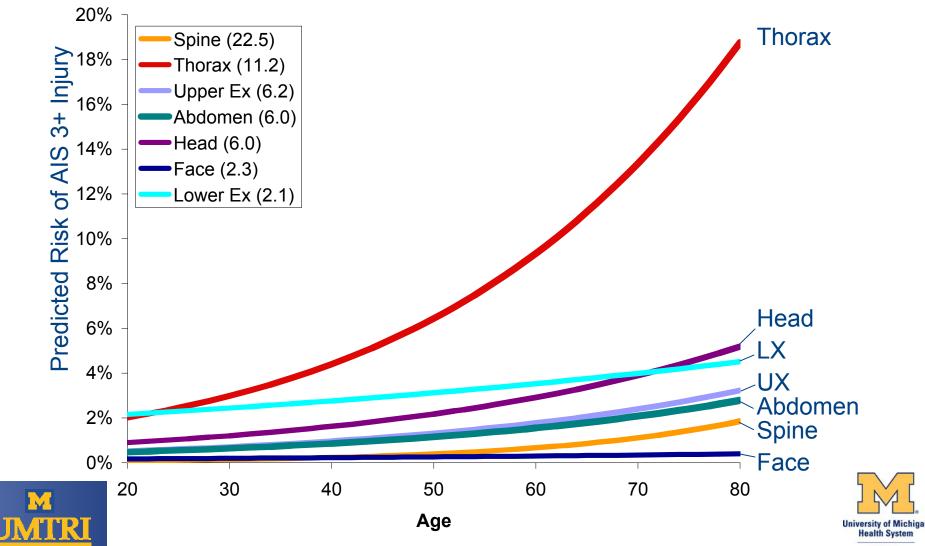
Relationship Between Age and AIS 3+ Injury Risk by Body Region in **Frontal Crashes** (Belted Drivers, 30 mph Crash Severity)



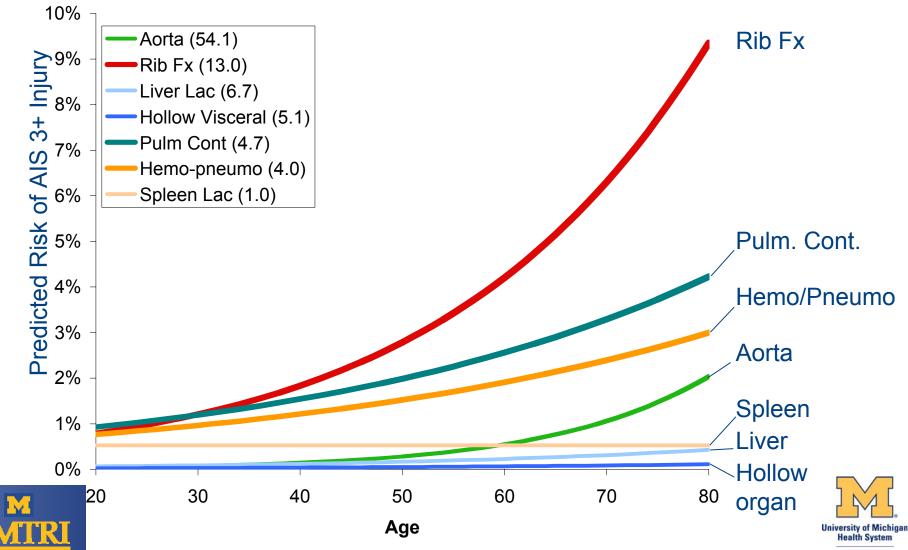
Relationship Between Age and Risk of Common AIS 3+ Thoracic and Abdominal Injuries in **Frontal Crashes** (Belted Drivers, 30 mph Crash Severity)



Relationship Between Age and AIS 3+ Injury Risk by Body Region in **Near-Side Crashes** (Belted Drivers, 20 mph Crash Severity)



Relationship Between Age and Risk of Common AIS 3+ Thoracic and Abdominal Injuries in **Near-Side Crashes** (Belted Drivers, 20 mph Crash Severity)



Relationship Between Age and AIS 3+ Injury Risk in Far-Side Crashes (Belted Drivers, 20 mph Crash Severity)

Trends in injury risk with age in far side crashes are similar to those presented for near-side and frontal impacts

- Age effect for thoracic injuries is large and is small for abdominal injuries
- Absolute increase in injury risk with is greatest for thoracic injuries and, in particular, rib fx.





Biomechanics of Common Thoracic Injuries

- Top thoracic injuries are rib fx., hemo/pneumothorax and pulmonary contusions
- Injury mechanisms
 - Rib fractures: chest compression
 - Hemo/pnuemothoraces and pulmonary contusions: compression and rate of compression
- Observed age effects
 - Decreased amount of chest deflection required to cause rib fractures and rib breaking strength
 - Reduction in rib BMD and cross-sectional area
 - Decreases in lung elasticity





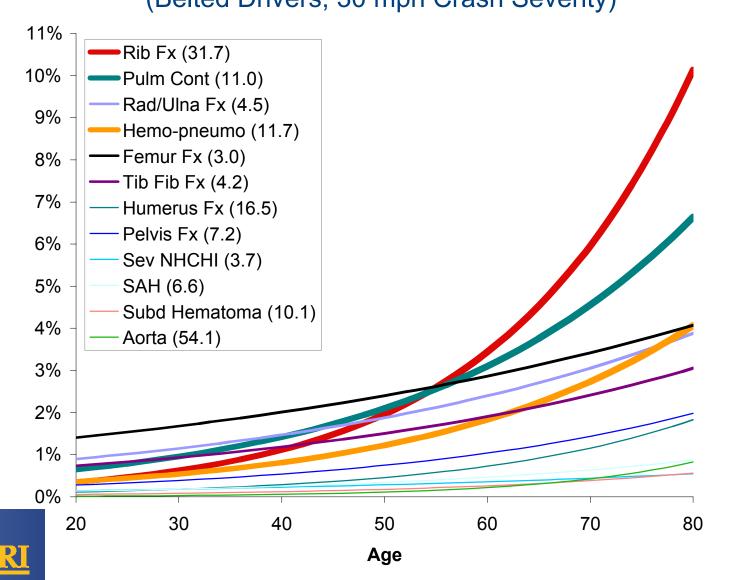
Biomechanics of Common Abdominal Injuries

- Top abdominal injuries are liver and spleen contusion/laceration
- These injuries typically occur from:
 - Abdominal compression (spleen/liver compressed against other anatomic structures)
 - Compression and rate of compression (high rate loading causes over pressure that leads to a tear/rupture)
- Less common mechanisms of spleen/liver injury include:
 - Acceleration
 - Laceration caused by displaced rib fractures
- Likelihood of abdominal injuries has not been shown to increase with age in the biomechanical literature



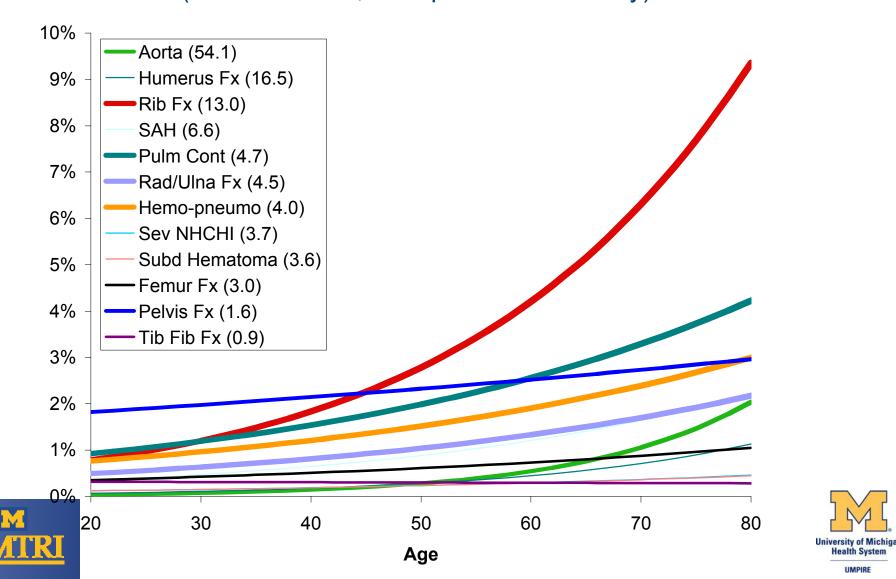


Relationship Between Age and Risk of Common AIS 3+ Injuries in Frontal Crashes (Belted Drivers, 30 mph Crash Severity)

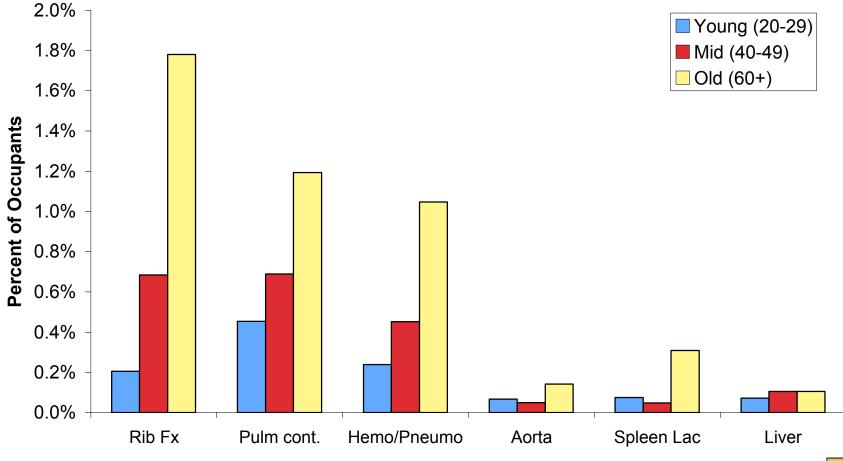




Relationship Between Age and Risk of Common AIS 3+ Injuries in **Near-Side** Crashes (Belted Drivers, 30 mph Crash Severity)



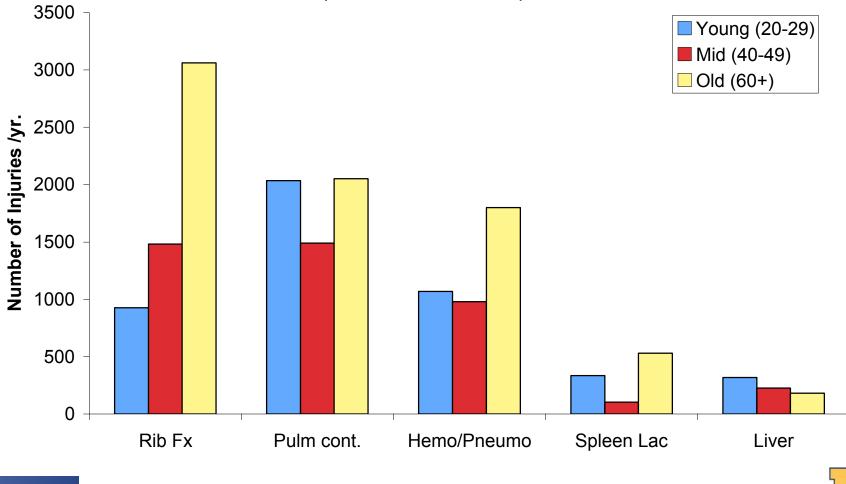
Rates of AIS 3+ Abdominal and Thoracic Injuries for Young, Middle Aged, and Elderly Age Groups (Frontal Crashes)







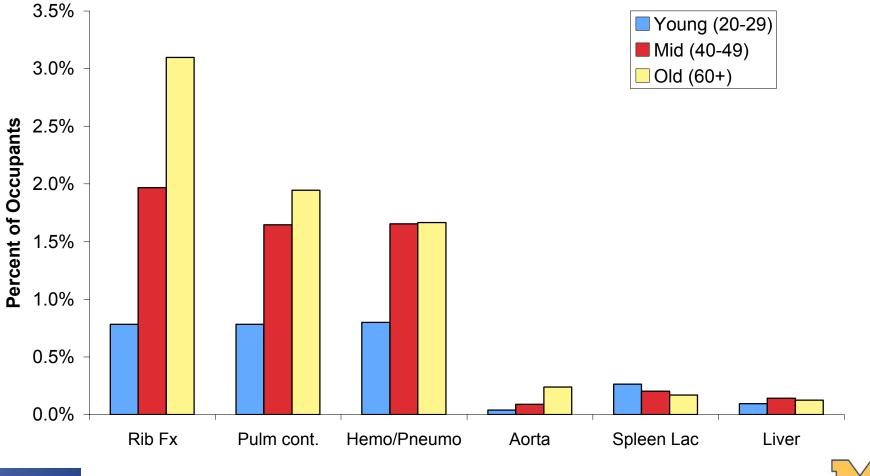
Annual Incidence of Select AIS 3+ Thoracic and Abdominal Injuries for Young, Middle Aged, and Elderly Age Groups (Frontal Crashes)







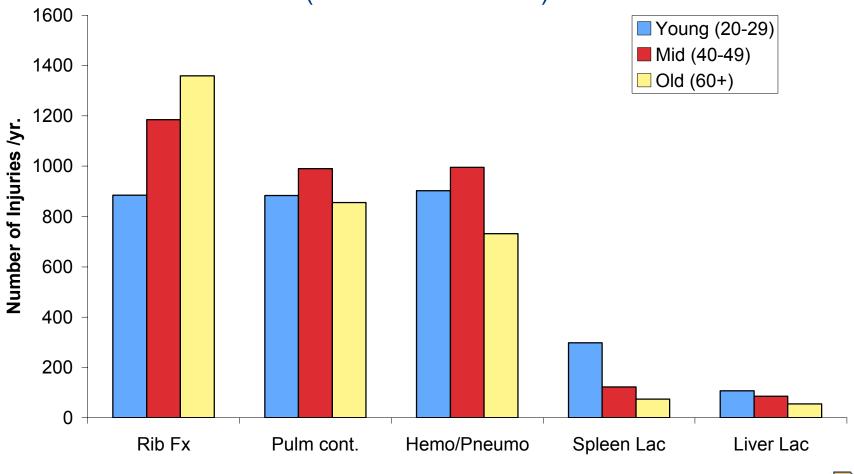
Rates of Select AIS 3+ Abdominal and Thoracic Injuries for Young, Middle Aged, and Elderly Age Groups (Near-Side Crashes)



University of Michiga Health System UMPIRE



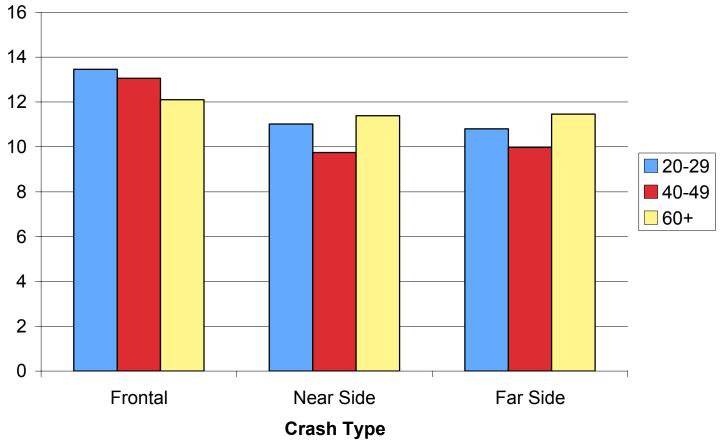
Annual Incidence of Select AIS 3+ Thoracic and Abdominal Injuries for Young, Middle Aged, and Elderly Age Groups (Near-Side Crashes)







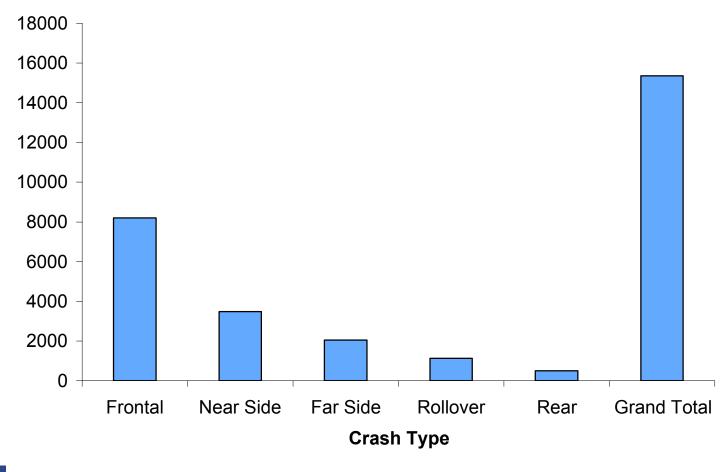
Mean Crash Severity for Young, Middle Aged, and Elderly Occupants







Number of Elderly (Age 60+) Occupants with MAIS 3+ Injuries by Crash Type







What is Age?

How do you put age into an ATD or a model?

Can we change Age from a confounding factor into something that provides insight into how the body responds to traumatic forces by analyzing how differences in the body with aging affects injury tolerance?





Hypotheses

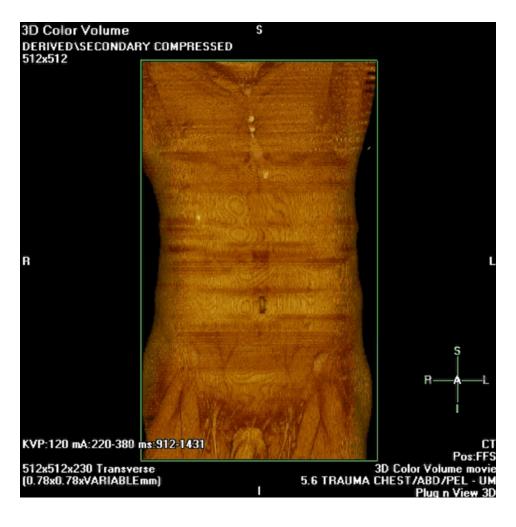
- The geometry of the human body as well as the volume and nature of different components that comprise it change as an individual ages.
- Changes in body composition and geometry with aging result in altered injury tolerance in MVCs.





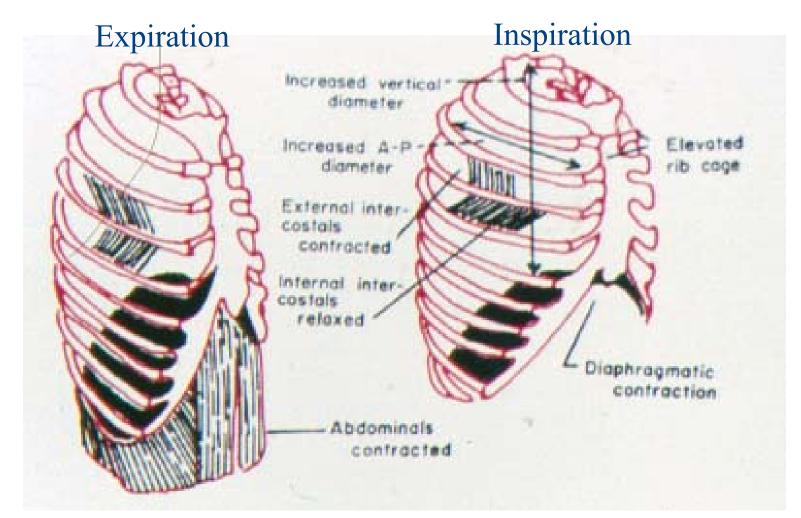
Study Methods

CT scans from CIREN subjects as well as control populations were analyzed







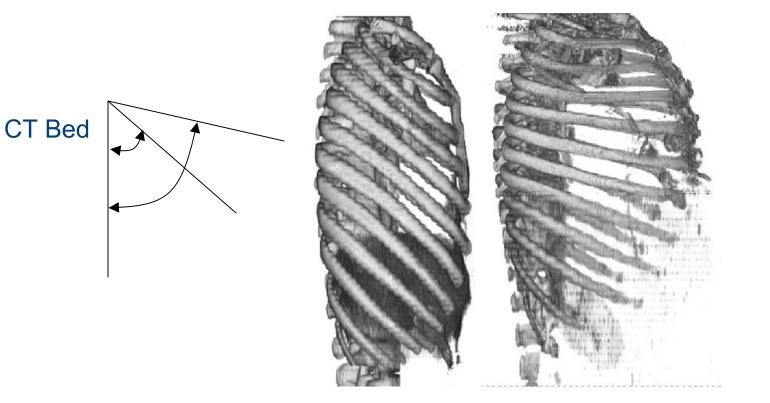


Expansion and contraction of the thoracic cage during expiration and inspiration, illustrating especially diaphragmatic contraction, elevation of the rib cage, and function of the intercostals.





Rib Angle Measurement







Bone Changes with Aging

- McCalden, et al (1993) found a linear regression relation between the ultimate stress and age which demonstrated a 30% drop from age 20 to 80. It was also concluded in the same analysis that the ultimate strain decreases 55% from age 20 to 80.
- Both cortical and cancellous bone exhibit a decrease in elastic modulus and other changes in material response beyond adult middle age. (Yamada 1970, Cowin 2001, Carter and Spengler 1978)
- There is a general increase in the porosity of cortical bone with advancing age, with an accompanying decrease in cortical bone density. (Evans 1975, Lindahl and Lindgren 1967)





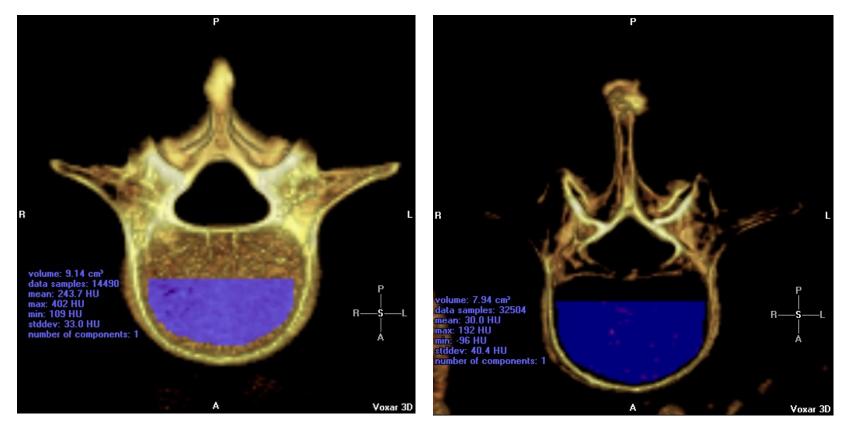
L4 Density







L4 Density





244 HU

30 HU

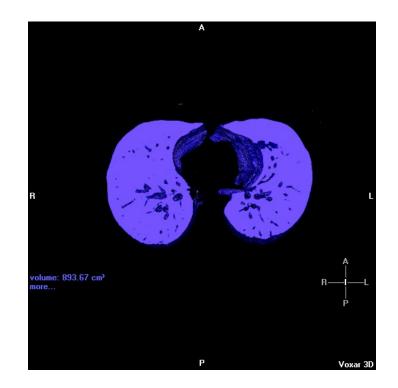


Effect of Soft Tissues on Chest Injury Tolerance

- Verriest and Chapon (1985) found that the resistance offered by the rib cage alone is by far lower than the resistance of the intact thorax. Although soft tissue elastic moduli and ultimate strengths might be much lower than those of bones, soft tissues significantly affect the body's overall resistance to applied forces by coupling with the bony structures.
- Like bones, the reductions in ultimate tensile strength of the soft tissues start between 30 to 40 of age (Yamada, 1970).
- Zhou, Rouhana & Melvin (1996) found that the reduction of tolerance with aging observed under blunt loading and side impact loading are more comparable to the reductions of the soft tissue strengths...blunt frontal impact loads and side impact loads are more dynamic so the reductions are more likely governed by soft tissues, which have greater rate dependence and inertial effects than bones.







Switch to the "Lung (solid)" contrast setting and take the volume of the lung tissue.



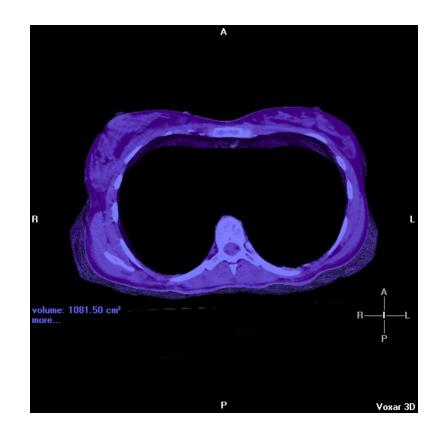




Switch to "Muscle" contrast setting and take the volume of the rest of the tissue. These two volumes equal the total tissue + lung volume.







Sculpt out the internal organs so that only the chest wall is remaining and measure this volume.



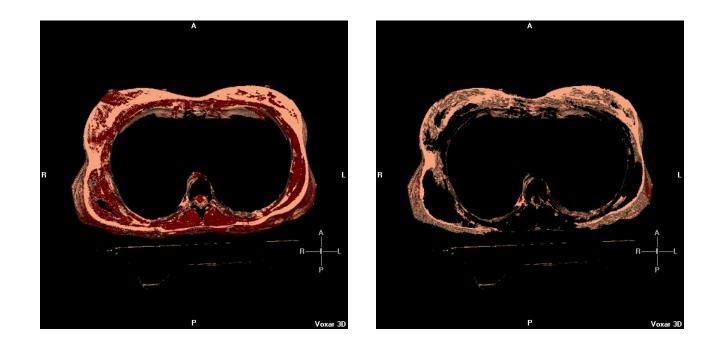




Switch to "Bone (general)" contrast setting, highlight and delete all of the bone. Then switch back to the "muscle" contrast setting and select the remaining volume measured as "chest wall soft tissue".







Switch to "Skin" contrast setting, highlight and delete all of the muscle, which appears bright red in this contrast. Then switch back to "Muscle" contrast setting and take the "fat" volume.





Study Methods





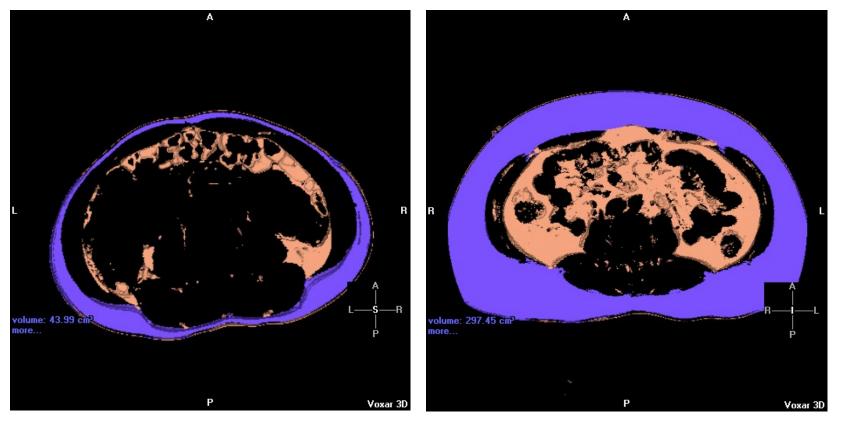
2 inch slab selected at L3



L

Postas

Abdominal Fat - Subcutaneous



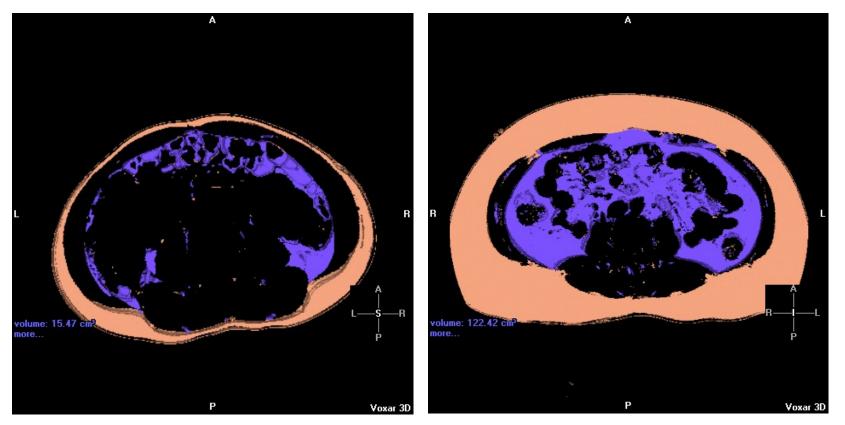


44 cubic cm

297 cubic cm



Abdominal Fat - Visceral





15 cubic cm

122 cubic cm



154 Michigan CIREN Cases (Adult 18+)

<u>Male</u>

	Correlation	Count	Z-Value	P-Value
Age, R6	.429	56	3.337	.0008
Age, R7	.305	61	2.399	.0164
Age, R8	.280	62	2.206	.0274
Age, R9	.335	66	2.761	.0058
Age, L6	.486	55	3.828	.0001
Age, L7	.274	61	2.142	.0322
Age, L8	.278	62	2.191	.0284
Age, L9	.309	67	2.557	.0106

Female

	Correlation	Count	Z-Value	P-Value
Age, R6	.136	64	1.068	.2856
Age, R7	.105	68	.852	.3943
Age, R8	.100	80	.879	.3792
Age, R9	.218	87	2.032	.0422
Age, L6	033	64	261	.7938
Age, L7	.061	67	.490	.6238
Age, L8	.093	80	.820	.4125
Age, L9	.199	87	1.851	.0642

Rib Angle differs between Males and Females (p<.008)

Group Info for R7 Grouping Variable: Sex

Mean Std. Dev. Std. Err Count Variance F 57.242 66.956 8.183 1.007 66 I 60 61.033 58.236 7.631 .985 Μ





Chest Aspect Ratio

Michigan CIREN Cases (Adult 18+)

	Correlation	Count	Z-Value	P-Value
Age, Chest Width (mm): Total	128	158	-1.600	.1095
Age, Chest Width (mm): F	296	84	-2.745	.0061
Age, Chest Width (mm): M	.086	74	.725	.4683
Age, Chest Depth at Xiphoid (mm): Total	.221	159	2.806	.0050
Age, Chest Depth at Xiphoid (mm): F	.231	84	2.116	.0344
Age, Chest Depth at Xiphoid (mm): M	.396	75	3.558	.0004

Chest Width differs between Males and Females (p<.0001) Chest Depth differs between Males and Females (p<.0001)





229 Non-CIREN Chest CTs with at least 6 ribs on either side measurable.

Correlation Z-Value P-Value Count Age, R2 .325 116 3.586 .0003 Age, R3 .186 126 2.084 .0372 Age, R4 .212 131 2.436 .0149 Age, R5 .211 127 2.384 .0171 Age, R6 .257 128 2.941 .0033 Age, R7 .276 128 3.169 .0015 Age, R8 .250 122 2.786 .0053 Age, R9 .283 126 3.231 .0012 Age, R10 .272 123 .0023 3.052 Age, R11 .153 117 1.644 .1001

Male

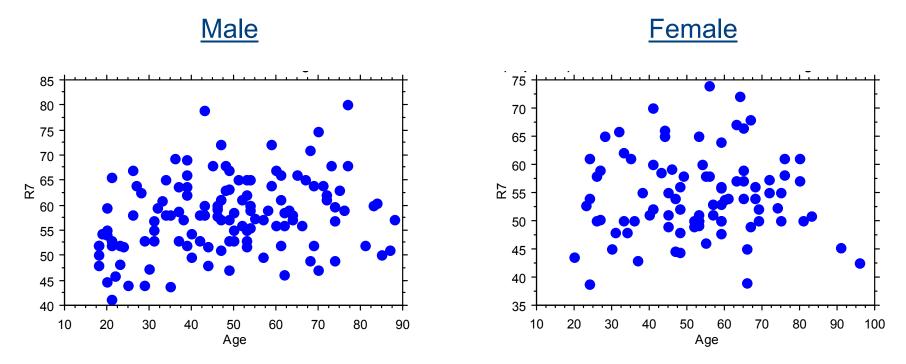
<u>Female</u>

	Correlation	Count	Z-Value	P-Value
Age, R2	.101	77	.874	.3821
Age, R3	.018	84	.159	.8739
Age, R4	.006	90	.055	.9565
Age, R5	.001	91	.006	.9953
Age, R6	079	91	741	.4584
Age, R7	.009	89	.086	.9316
Age, R8	.019	87	.174	.8617
Age, R9	.080	88	.736	.4614
Age, R10	.093	81	.827	.4083
Age, R11	043	78	371	.7103
	0.40		4 - 700	- 0004





229 Non-CIREN Chest CTs with at least 6 ribs on either side measurable.



Rib Angle differs between Males and Females (p<.0005), t-test

Group Info for R7

Grouping Variable: Sex



	Count	Mean	Variance	Std. Dev.	Std. Err
F	89	54.420	52.298	7.232	.767
М	131	57.929	53.505	7.315	.639



34 chest CTs on all 2004 trauma patients with ISS<8

Male

Female

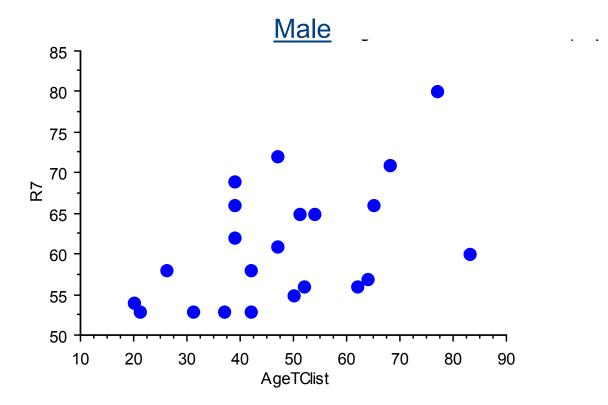
	Correlation	Count	Z-Value	P-Value
AgeTClist, R2	.137	22	.600	.5485
AgeTClist, R3	.124	23	.559	.5762
AgeTClist, R4	.262	24	1.228	.2193
AgeTClist, R5	.316	24	1.501	.1333
AgeTClist, R6	.385	23	1.818	.0691
AgeTClist, R7	.495	22	2.364	.0181
AgeTClist, R8	.443	20	1.962	.0497
AgeTClist, R9	.469	19	2.033	.0421
AgeTClist, R10	.443	18	1.845	.0650
AgeTClist, R11	.384	17	1.513	.1302
				• •

	Correlation	Count	Z-Value	P-Value
AgeTClist, R2	.557	10	1.664	.0961
AgeTClist, R3	.501	10	1.458	.1449
AgeTClist, R4	.415	10	1.167	.2432
AgeTClist, R5	.205	9	.510	.6099
AgeTClist, R6	.128	9	.315	.7528
AgeTClist, R7	.207	9	.514	.6072
AgeTClist, R8	.280	8	.642	.5206
AgeTClist, R9	.421	8	1.004	.3156
AgeTClist, R10	.382	7	.805	.4208
AgeTClist, R11	011	7	022	.9822





34 chest CTs on all 2004 trauma patients with ISS<8







Aging Trends

197 Michigan CIREN Cases (Adult 18+) with Chest or Abd CTs

Age, L4 Mean HU Age, Fat Vol (4) Age, Muscle Vol (4) Age, Bone Vol (4) Age, Lung Volume (4) Age, Total Volume (4) Age, ABD subQ Fat cm3 Age, ABD visceral Fat cm3

Correlation	Count	Z-Value	P-Value
777	197	-14.439	<.0001
.240	102	2.440	.0147
264	102	-2.688	.0072
040	102	400	.6893
096	101	948	.3429
.018	102	.180	.8574
.104	196	1.446	.1481
.451	196	6.757	<.0001





Aging Trends

197 Michigan CIREN Cases (Adult 18+) with Chest or Abd CTs

Male

Age, L4 Mean HU
Age, Fat Vol (4)
Age, Muscle Vol (4)
Age, Bone Vol (4)
Age, Lung Volume (4)
Age, Total Volume (4)
Age, ABD subQ Fat cm3
Age, ABD visceral Fat cm3

Correlation	Count	Z-Value	P-Value
765	87	-9.229	<.0001
.310	50	2.194	.0282
237	50	-1.659	.0972
.027	50	.184	.8541
026	50	180	.8574
.040	50	.275	.7834
.068	88	.626	.5316
.566	88	5.914	<.0001

Bone Density loss in both Chest Fat gain greater in males Chest Muscle Loss greater in Females Visceral Fat gain in both

Age, L4 Mean HU Age, Fat Vol (4) Age, Muscle Vol (4) Age, Bone Vol (4) Age, Lung Volume (4) Age, Total Volume (4) Age, ABD subQ Fat cm3 Age, ABD visceral Fat cm3

Female

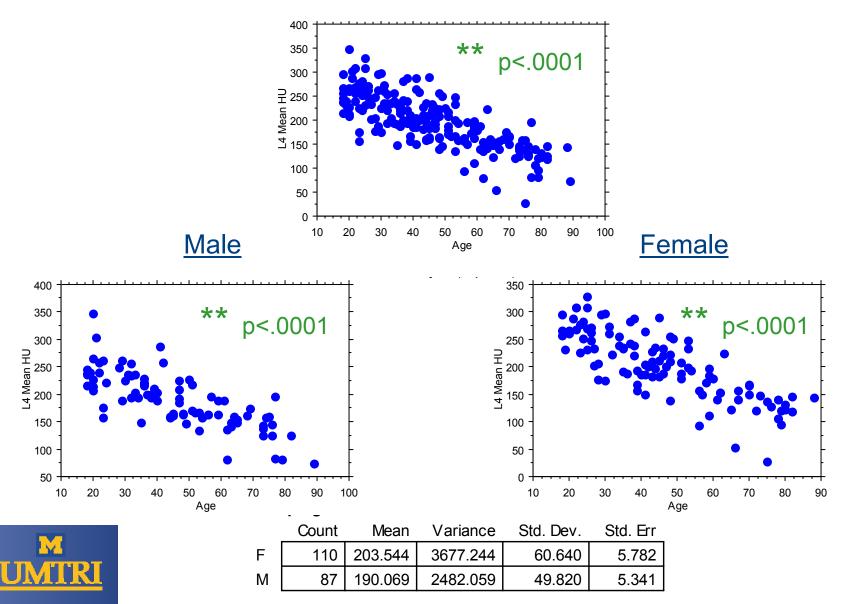
Correlation	Count	Z-Value	P-Value
802	110	-11.423	<.0001
.227	52	1.615	.1062
458	52	-3.465	.0005
157	52	-1.109	.2675
179	51	-1.253	.2102
.003	52	.018	.9853
.121	108	1.248	.2119
.450	108	4.960	<.0001



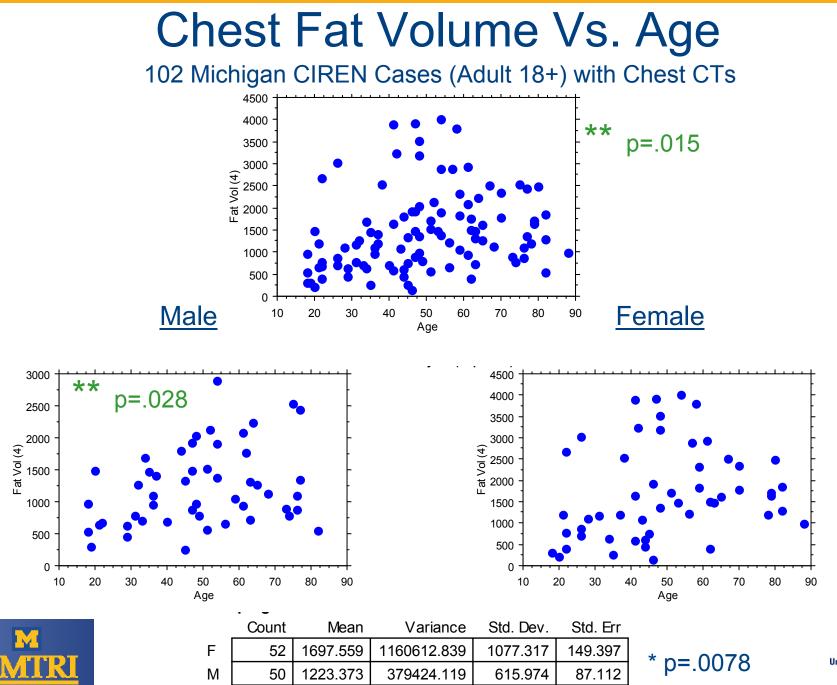


Age vs. Bone Density

197 Michigan CIREN Cases (Adult 18+) with Abd CTs



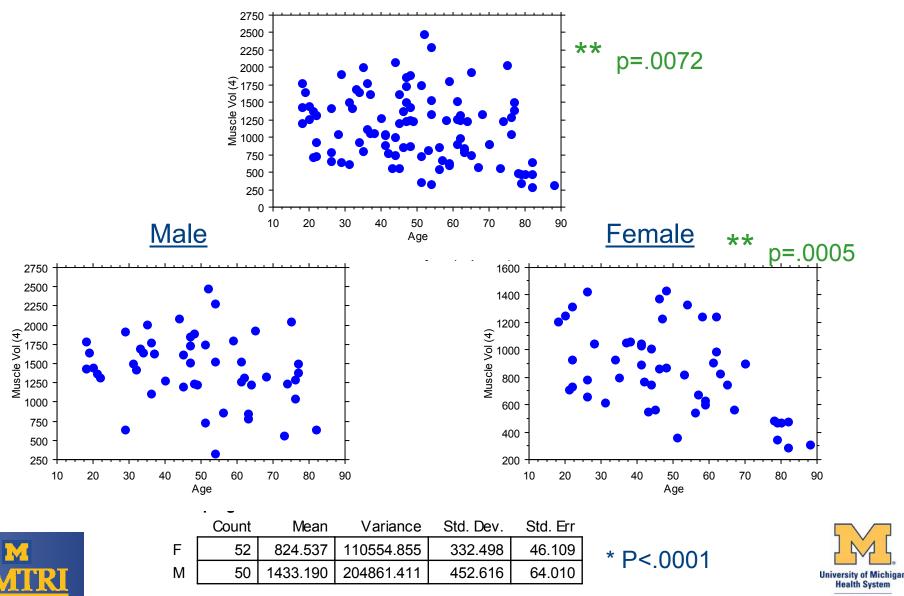






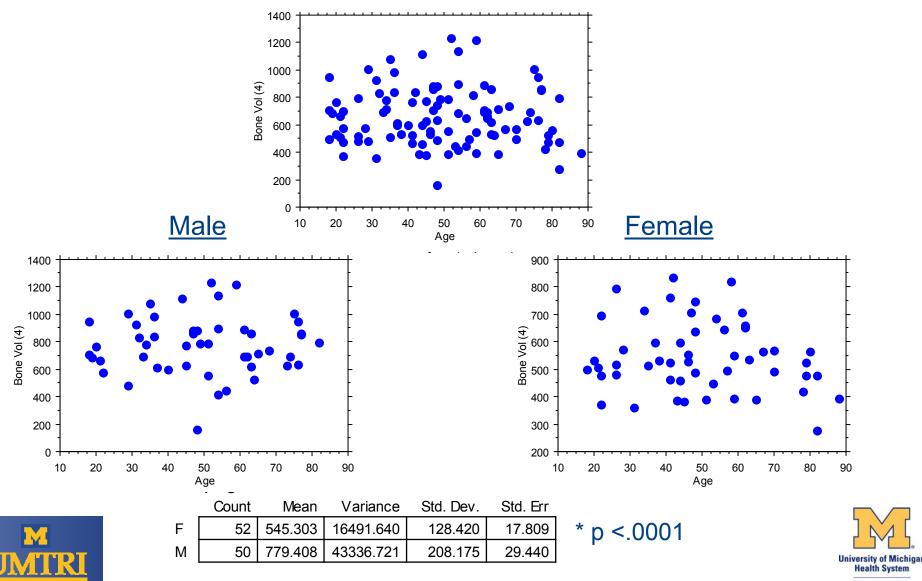
Chest Muscle Volume vs. Age

102 Michigan CIREN Cases (Adult 18+) with Chest CTs



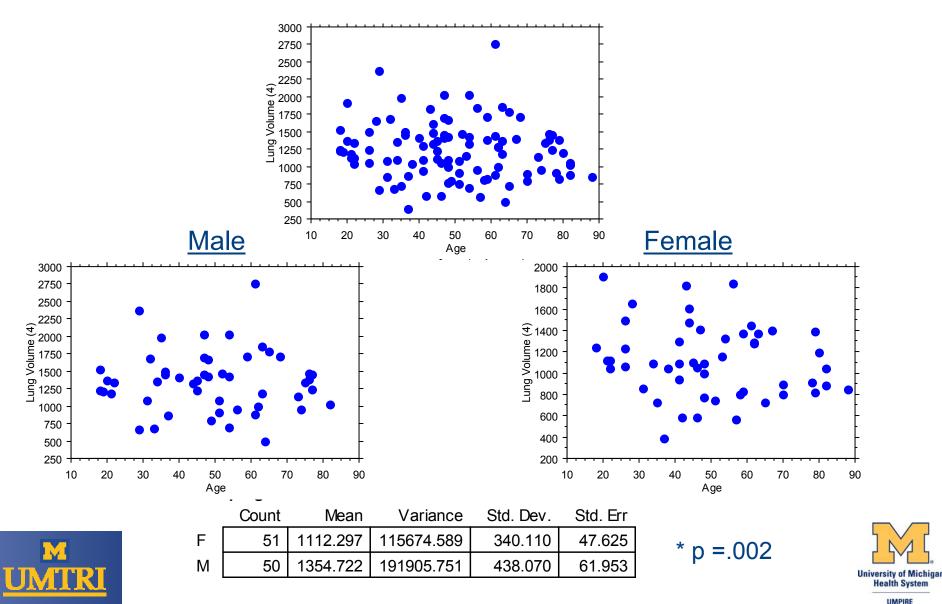
Chest Bone Volume vs. Age

102 Michigan CIREN Cases (Adult 18+) with Chest CTs



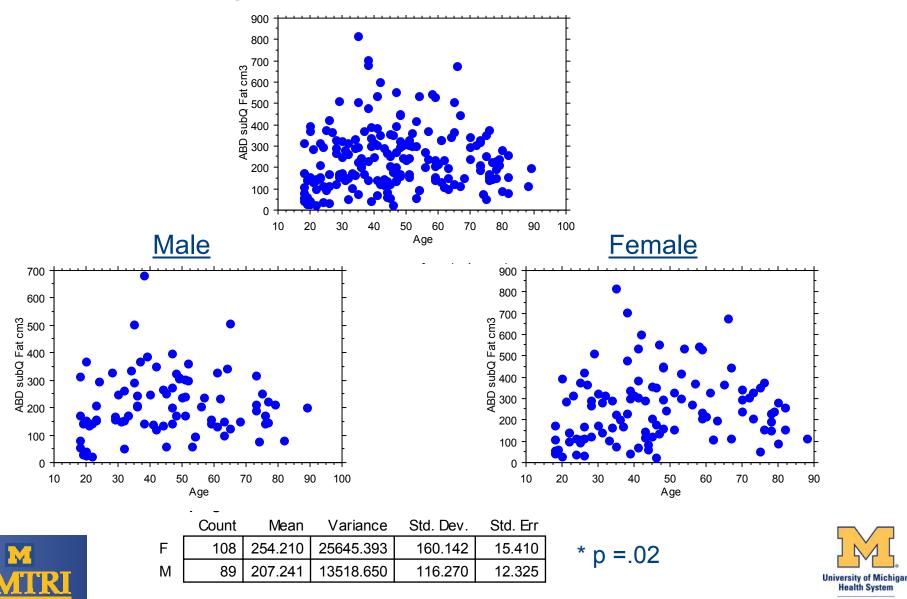
Lung Volume vs. Age

102 Michigan CIREN Cases (Adult 18+) with Chest CTs



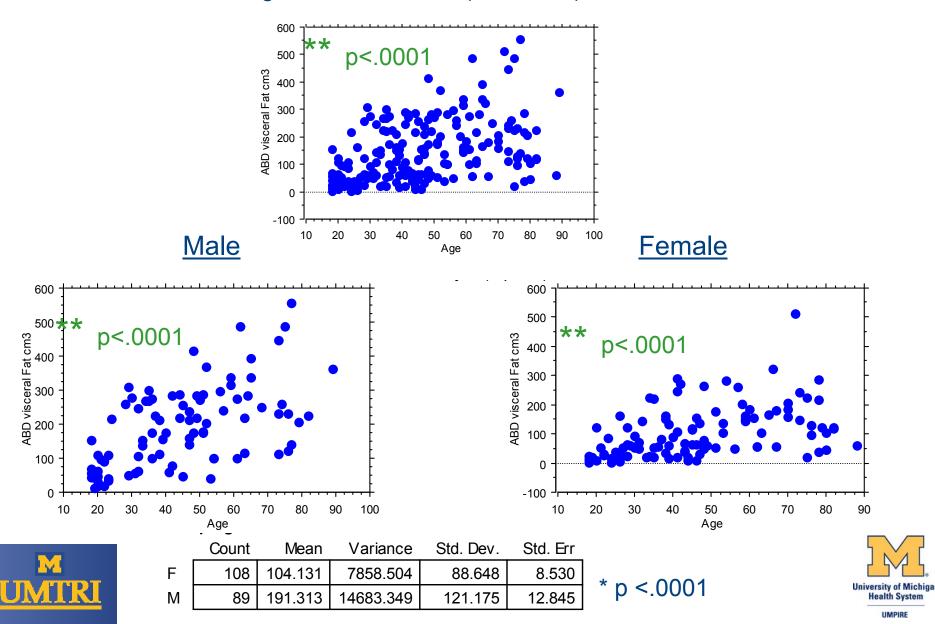
Abdominal SubQ Fat vs. Age

197 Michigan CIREN Cases (Adult 18+) with Abd CTs



Abdominal Visceral Fat vs. Age

197 Michigan CIREN Cases (Adult 18+) with Abd CTs



Summary

With increasing age:

- Rib angles become more horizontal in males
- Bone loses density in both males and females
- Chest Fat gain is greater in males
- Chest Muscle loss is greater in females
- Visceral Fat increases in both males and females

** Males significantly differed from females in **all** components measured **except** bone density





Injury Tolerance

Do changes in body composition and geometry with aging result in altered injury tolerance?

CAVEAT: CIREN cases are biased towards subjects who sustained significant injuries.





Age vs. Injury Severity

298 Michigan CIREN Cases (Adult 18+)

<u>Male</u>

Female

	Correlation	Count	Z-Value	P-Value
Age, ISS	.098	130	1.103	.2700
Age, MAIS 4T	.222	130	2.550	.0108
Age, MAIS 5A	008	130	092	.9267

Age, ISS
Age, MAIS 4T
Age, MAIS 5A

Correlation	Count	Z-Value	P-Value
.113	168	1.459	.1447
.221	168	2.891	.0038
034	168	440	.6598



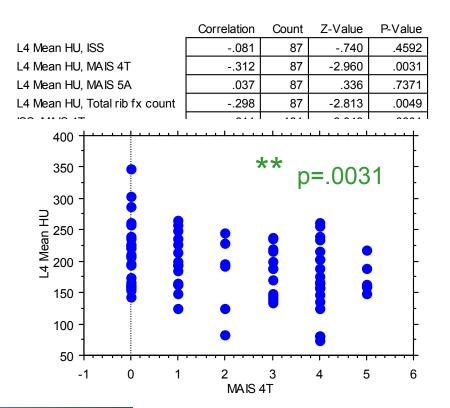


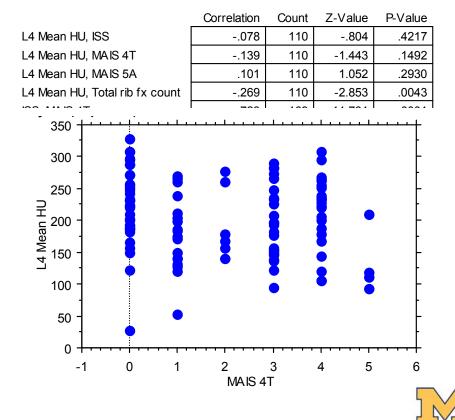
Bone Density vs. Chest Injury

197 Michigan CIREN Cases (Adult 18+)

<u>Male</u>

Female







Bone Density vs. MAIS 4T



Bone Density vs. Chest Injury

197 Michigan CIREN Cases (Adult 18+) with Abd CT

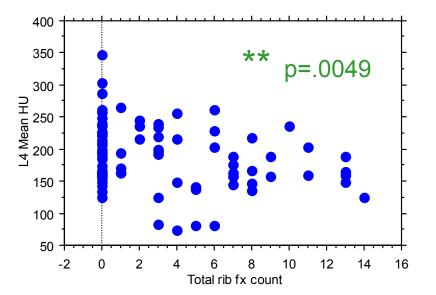
L4 Mean HU, ISS L4 Mean HU, MAIS 4T L4 Mean HU, MAIS 5A L4 Mean HU, Total rib fx cou

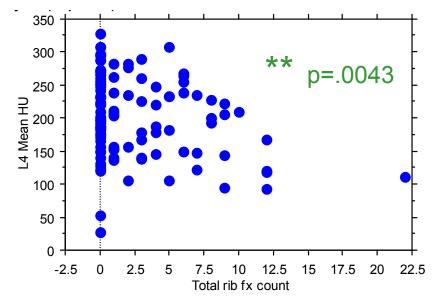
<u>Male</u>

	Correlation	Count	Z-Value	P-Value
L4 Mean HU, ISS	081	87	740	.4592
L4 Mean HU, MAIS 4T	312	87	-2.960	.0031
L4 Mean HU, MAIS 5A	.037	87	.336	.7371
L4 Mean HU, Total rib fx count	298	87	-2.813	.0049



Correlation	Count	Z-Value	P-Value
078	110	804	.4217
139	110	-1.443	.1492
.101	110	1.052	.2930
269	110	-2.853	.0043
	078 139 .101	078110139110.101110	078110804139110-1.443.1011101.052







Bone Density vs. Total Ribs Fractured



Chest Fat Volume vs. Injury Severity

102 Michigan CIREN Cases (Adult 18+) with Chest CTs

Male

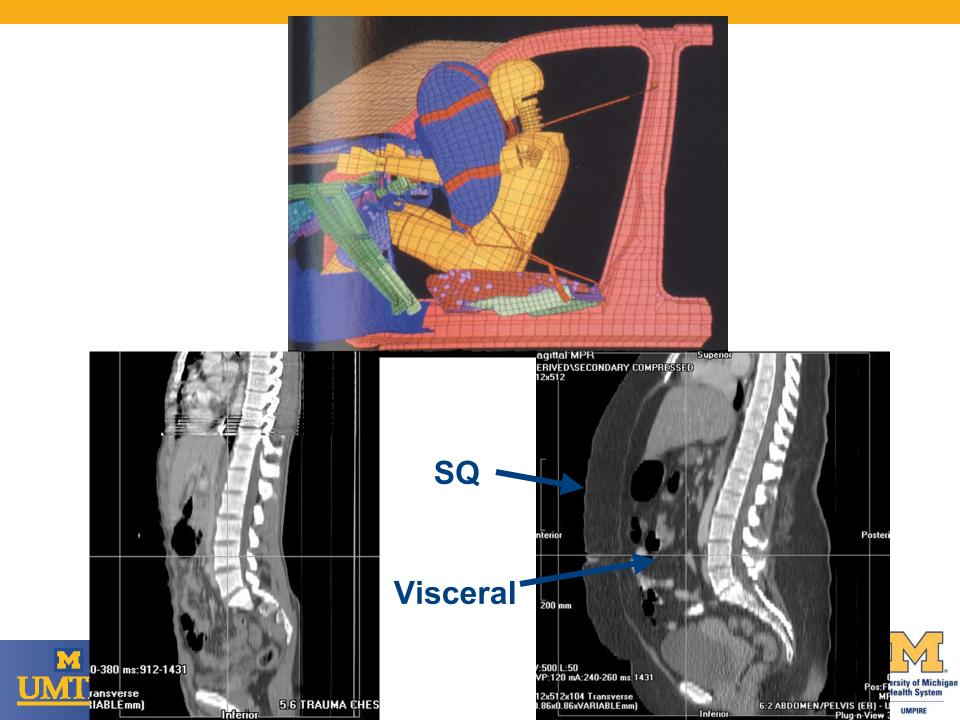
Female

	Correlation	Count	Z-Value	P-Value
Fat Vol (4), ISS	068	50	469	.6392
Fat Vol (4), MAIS 4T	005	50	033	.9741
Fat Vol (4), MAIS 5A	.228	50	1.593	.1112
			~ ~ · ~	~~~ (

	Correlation	Count	Z-Value	P-Value
Fat Vol (4), ISS	297	52	-2.146	.0319
Fat Vol (4), MAIS 4T	345	52	-2.516	.0119
Fat Vol (4), MAIS 5A	035	52	247	.8047
			· · · ·	



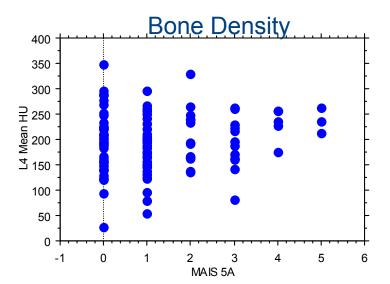


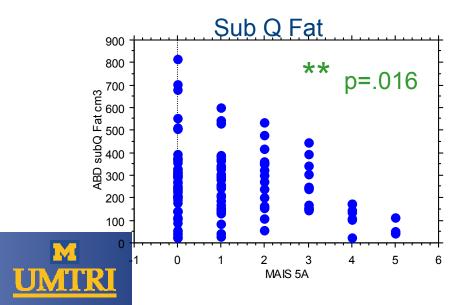


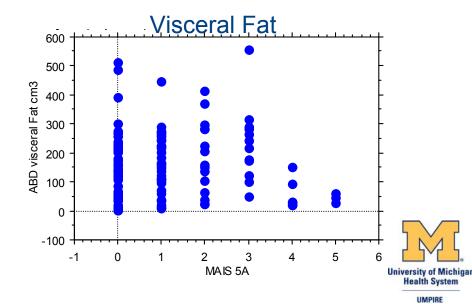
Abdominal Injuries - Frontal Crashes

MAIS 5A, Age
MAIS 5A, L4 Mean HU
MAIS 5A, ABD subQ Fat cm3
MAIS 5A, ABD visceral Fat cm3
MAIS 5A, Fat Vol (4)
MAIS 5A, Muscle Vol (4)
MAIS 5A, Bone Vol (4)
MAIS 5A, Lung Volume (4)
MAIS 5A, Total Volume (4)

Correlation	Count	Z-Value	P-Value
119	190	-1.634	.1022
.139	122	1.527	.1268
215	124	-2.404	.0162
016	124	181	.8566
040	53	286	.7749
.013	53	.095	.9242
068	53	479	.6320
058	53	410	.6818
062	53	442	.6588







Chest Component Volumes vs. Injury Severity

Fisher's R to Z Hypothesized Correlation = 0

MAIS 4T, L4 Mean HU
MAIS 4T, Fat Vol (4)
MAIS 4T, Muscle Vol (4)
MAIS 4T, Bone Vol (4)
MAIS 4T, Lung Volume (4)
MAIS 4T, Total Volume (4)
MAIS 4T, R6
MAIS 4T, R7
MAIS 4T, R8
MAIS 4T, R9
MAIS 4T, ABD subQ Fat cm3
MAIS 4T, ABD visceral Fat cm3

Correlation	Count	Z-Value	P-Value
208	197	-2.937	.0033
187	102	-1.881	.0599
238	102	-2.417	.0156
148	102	-1.485	.1377
344	101	-3.549	.0004
307	102	-3.156	.0016
206	120	-2.262	.0237
194	129	-2.211	.0270
195	142	-2.329	.0199
166	153	-2.056	.0398
117	197	-1.633	.1025
.102	197	1.429	.1531





Chest Component Volumes vs. Injury Severity Male

Fisher's R to Z Hypothesized Correlation = 0

Inclusion criteria: Male from CIREN Adult 18+ Combined Chest Query.xls (imported).svd

MAIS 4T, L4 Mean HU MAIS 4T, Fat Vol (4) MAIS 4T, Muscle Vol (4) MAIS 4T, Bone Vol (4) MAIS 4T, Lung Volume (4) MAIS 4T, Total Volume (4) MAIS 4T, R6 MAIS 4T, R6 MAIS 4T, R7 MAIS 4T, R8 MAIS 4T, R9 MAIS 4T, ABD subQ Fat cm3 MAIS 4T, ABD visceral Fat cm3

,	`			
_	P-Value	Z-Value	Count	Correlation
* M	.0031	-2.960	87	312
	.9741	033	50	005
* M	.0408	-2.046	50	290
]	.3425	949	50	138
* M	<.0001	-4.146	50	540
	.1513	-1.435	50	206
	.6881	.401	56	.055
	.6870	.403	61	.053
	.7545	.313	62	.041
]	.8847	.145	66	.018
]	.3625	911	89	098
* M	.0461	1.994	89	.212
1				



* F





Chest Component Volumes vs. Injury Severity Female

Fisher's R to Z Hypothesized Correlation = 0

Inclusion criteria: Female from CIREN Adult 18+ Combined Chest Query.xls (imported).svd

MAIS 4T, L4 Mean HU MAIS 4T, Fat Vol (4) MAIS 4T, Muscle Vol (4) MAIS 4T, Bone Vol (4) MAIS 4T, Lung Volume (4) MAIS 4T, Total Volume (4) MAIS 4T, R6 MAIS 4T, R7 MAIS 4T, R8 MAIS 4T, R8 MAIS 4T, ABD subQ Fat cm3 MAIS 4T, ABD visceral Fat cm3

••••					
	_	P-Value	Z-Value	Count	Correlation
* M		.1492	-1.443	110	139
	* F	.0119	-2.516	52	345
* M	-	.0843	-1.726	52	242
		.2027	-1.274	52	180
* M		.5500	598	51	086
	* F	.0021	-3.080	52	414
	* F	.0003	-3.621	64	433
	* F	.0007	-3.406	68	399
	* F	.0006	-3.450	80	374
	* F	.0051	-2.803	87	297
		.1498	-1.440	108	140
* M		.8537	.184	108	.018
	I		I I		I I





IIMPIRE

Data Overload??













Summary I

With increasing age:

- Rib angles become more horizontal in males
- Bone loses density in both males and females
- Chest Fat gain is greater in males
- Chest Muscle loss is greater in females
- Visceral Fat increases in both males and females
 - ** Males significantly differed from females in **all** components measured <u>except</u> bone density





Summary II

- There appear to be trends toward altered injury tolerance with differences in body composition.
- CAVEAT: CIREN cases are biased towards subjects who sustained significant injuries.





Conclusion

- There are large changes in body geometry and composition with aging. These changes differ by gender.
- These changes are associated with differences in observed injury severity.
 - Caveat: selected study population
- Much more joint medical, crash and CT analysis needs to be done on subjects who were not significantly injured in crashes similar to those in CIREN.
- Optimal control populations for CT-based body component analysis need to be identified and analyzed.





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- The views expressed are those of the authors only.



