



Research In Progress

Validation of Rehabilitation Training for Older Drivers

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Shifts in the age distribution of the population will result in increased numbers of older drivers over the next few decades. While many older adults maintain confidence in their driving skills as they age, others become concerned about the effects of age related changes on their driving performance.

A number of programs marketed to older drivers claim to improve driving related skills that decline with age. Some of these programs are computer based products that focus on cognitive or perceptual processing skills while others involve lessons with a professional instructor who can evaluate and retrain drivers' habits or classroom courses that focus on rules of the road and strategies to address age related functional changes.

While the number of older driver training programs seems to be increasing, it is unclear how effective these programs are in reducing crashes and citations among this population. The goal of this project is to obtain information about the efficacy of a variety of older driver training program types in improving the driving performance of older adults.

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