

# NHTSA'S Motorcycle Helmet Testing Research Program

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### **Research Objectives**

- All motorcycle helmets sold in the U.S. have to comply with FMVSS No. 218 performance requirements. Performance tests in FMVSS No. 218 include impact attenuation test, quasi-static retention test, and a penetration test using a DOT standard headform.
- NHTSA conducted research to evaluate the performance of motorcycle helmets sold in the U.S. when subject to certain tests and test procedures in other standards. Specifically, NHTSA focused on:
  - **Impact attenuation test using the ISO headform** to evaluate the impact attenuation capability of the helmet.
  - **Dynamic roll-off stability test** to evaluate the ability for the helmet to be retained on the head in a dynamic event.
  - Face shield penetration test to evaluate the penetration resistance of face shields.
  - <u>Chin bar impact attenuation test</u> to evaluate the ability of the chin bar to cushion impacts.

### **Motorcycle Helmet Types Tested**





Half, Partial, Beanie

3/4, Full, Open Face



Complete, Full Face



Modular Helmet

- 49 helmet models were used in the test program.
  - 13 were half, 15 were open face, 12 were full face, and 9 were modular.

### **Discrete Size Measurement**

#### **Scissor Style Sizing Tool**

# - Developed to measure the interior circumference of a helmet at the reference



NOTE: Solid lines would correspond to the test line on a test helmet.



## **DOT and ISO Headform**

The DOT headform is used in FMVSS No. 218 while all other standards use the ISO headform. The ISO (ECE) full headform is identical to the ISO headform but includes a continuous face, chin, and neck region.

#### Headform Size Selection

- Helmet size (circumference) was determined by the size measurement tool.
- Appropriate ISO and DOT headform sizes were selected for each helmet based on its circumference.

DOT / ISO Size	Medium / J	Large / M	Medium / M
No. of helmets	30	11	8

 For 41 of the 49 helmets tested, the selected ISO headform was slightly lighter than the selected DOT headform.



DOT	Mass	Circumference	ISO	Mass	Circumference
		490 mm C E	Α	3.1 kg	500 mm
Small	3.5 kg		С	3.6 kg	520 mm
			Е	4.1 kg	540 mm
Medium	5.0 kg	560 mm	J	4.7 kg	570 mm
	6.1 kg	600 mm	М	5.6 kg	600 mm
Large	6.1 kg	600 mm	0	6.1 kg	620 mm

### **Impact Attenuation Test**



Tests conducted in accordance with FMVSS No. 218

- Helmet pre-conditioning (4 helmets per model)
  - Ambient Temperature (16°C to 26°C)
  - Low Temperature (-15°C to -5°C)
  - High Temperature (45°C to 55°C)
  - Wet Temperature (16°C to 26°C)
- We chose four impact locations on each helmet:
  - Left Front, Right Rear, Right Front, Left Rear
- Two successive identical impacts per test location
- Impact surfaces and impact velocities
  - Two impact locations on flat steel anvil: 6 m/s
  - Two impact locations on hemispherical steel anvil: 5.2 m/s
- Testing both ISO and DOT headform per helmet model
- This resulted in 64 impact tests per helmet model

## **Impact Attenuation Test Results**





# Failure Criteria specified in FMVSS No. 218

- Peak Acceleration > 400 g
- Dwell Time > 2 ms for accelerations > 200 g
- Dwell Time > 4 ms for accelerations > 150 g

#### **Test Results**

- Pass/fail rate with ISO and DOT headforms are similar
- 15 helmet models failed
  - 7 failed both DOT and ISO headforms, 4 failed just the DOT, and 4 failed just ISO

## **Impact Attenuation Test Result**



- 39 of the 49 helmet models tested with ISO headforms experienced peak acceleration less than 300 g
- No failures for Dwell Time > 4 ms for accelerations > 150 g for any helmet tested
- All 2 ms dwell time failures (with DOT and ISO headforms) were in the flat anvil impact tests.
- Failures were uniformly distributed among the 4 pre-conditions.
- Most helmet failures occurred in the 2<sup>nd</sup> impact
  - Some failed 1<sup>st</sup> and 2<sup>nd</sup> impact.

Headform	1 <sup>st</sup> Impact	2 <sup>nd</sup> Impact	Both 1 <sup>st</sup> and 2 <sup>nd</sup>
DOT	0	8	3
ISO	0	9	2

### **Dynamic Roll-Off Positional Stability Test**



#### The American Society for Testing and Materials standard F1446-11a (ASTM F1446-11a)

- The helmet (ambient pre-conditioning) is secured on to an appropriate sized full reference headform (ISO/ECE) with its vertical axis pointing downward at a 45 degree angle from the vertical.
- A flexible strap is attached to the top far edge of the helmet rim by a hook.
- A 10 kg mass attached to the strap is dropped from a height of 0.6 meters.

#### **Preliminary Failure Criteria**

• The helmet is not retained on the headform such that the coronal plane of the headform is exposed.

### Dynamic Roll-Off Positional Stability Test Result

- 5 open face helmets, 8 half helmets, and 4 modular helmets failed to retain the helmet on the headform in this test.
- All full face helmets passed the test.
- Modular helmets were tested without the chin bar simulating worst case scenarios.
- Helmets that covered more of the headform were better able to retain the helmet on the headform.



### **Face Shield Penetration Test**





#### Economic Commission for Europe R.22 Standard

- Helmet (ambient pre-condition) fitted with visor is secured on the appropriate sized ISO headform with its face up (basic plane in vertical position).
- Cone shaped punch device with a mass of 0.3 kg is positioned in contact with face shield.
- Mass of 3 kg is dropped on the punch device from a height of 1 meter.

#### **Preliminary Failure Criteria**

- Face shield shattering
- Punch touching headform

### Face Shield Penetration Test Result

- Face shield tests of two open face helmet models resulted in the striker punching through the face shield and touching the headform.
  - None of the face shields shattered.
- 1 full face helmet did not have a face shield.



## **Chin Bar Impact Attenuation Test**



#### **British Standard Institution 6658**

- A rigid structure with an ISO/ECE complete headform (with chin) supported from its neck with the chin up and its vertical plane angled 28 degrees below horizontal.
- A helmet is secured on the headform and an adjustable block is raised to provide support to the rear of the test helmet.
- 130 mm diameter and 5 kg mass flat face striker is dropped from a height of 2.5 meters on the chin bar (7 m/s impact speed).
- Helmet models are tested in all four pre-condition states (Ambient, Cold, Hot, Wet).

#### **Preliminary Failure Criteria**

Peak acceleration exceeds 300 g

## **Chin Bar Impact Attenuation Test Result**

- The chin bar test were only conducted on 7 full face helmets and 3 modular helmets.
- Chin bar impacts on 1 full face and 1 modular helmet models had striker accelerations greater than 300 g.





# Questions?